

Menu Cycle - Week 1

Available at all Meals

Toaster Bar
Waffle Bar
Cereal Bar
Drink Lines
Whole Fruit

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Pork Roll	Bacon	Sausage Links	Canadian Bacon	Scrapple	Sausage Patties	Sliced Pit Ham
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Oatmeal	Cream of Wheat	Grits	PB Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat
Hashbrowns	Hash Browns	Hash Browns	Hash Browns	Hash Browns	Hash Browns	Hash Browns
French Toast Homemade	Pancakes Homemade	Waffle Sticks	French Toast Homemade	Pancakes Homemade	Waffle Sticks	French Toast Homemade

Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Chicken Noodle Soup	Corn Chowder	Minestone Soup	Split Pea Soup	Egg Drop Soup	Ginger Carrot Soup	Italian Wedding Soup
Cream of Broccoli Soup	Chicken Noodle Soup	Corn Chowder	Minestone Soup	Split Pea Soup	Egg Drop Soup	Ginger Carrot Soup
Carved Pork	Tacos	Sliced Turkey	Pork Chops	Italian Sausage & Peppers	Pulled Pork	Pork chops
Crab alfredo	Mexican Grilled Chicken	Cheesesteaks	Chicken Tenders	Baked Raviolis	Chicken Nuggets	Chicken casserole
Rice Pilaf	Red Beans and Rice	Sweet Potato Fries	AuGratin Potatoes	Garlic Bread	French Fries	Ranch Chips
Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Green Beans
Broccoli Flowerettes	Cauliflower	Fresh Brussel Sprouts	Zucchini	Beets	Sliced Carrots	Corn
Herbed Chicken	Lemon Pepper Chicken	BBQ Chicken	Cairn Rock Chicken	Cajun Chicken	Gourmet Grilled Cheese	French toast
Mashed & gravy	Roasted Reds	Mac & Cheese	House made Chips	Buttered Noodles	Nacho Bar	Pasta saute
Roasted fresh vrg	Fried okra	Asparagus	Stirfry Veg	Corn on cob		
Green Beans	Corn	honey glaze carrots	Squash	Winter blend		
Chicken Patties	Omelet Station	Asian Noodle Bar	Yogurt Bar	Rice Bowl		
French Fry Bar	Gourmet Salad Bar	Italian Sausage & Fries	Pasta Saute	Quesadillas		

Dinner Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Tilapia Provencal	Pit Ham	Meatloaf	Eye Round	Beef Tips w/ Noodles	BBQ Chicken	Pork paprikish
Tortellini Prima Vera	Mexican Chicken Casserole	Sliced Pork	Fish and Chips	Turkey Tetrazzini	Hot Dogs	Beef stew
Rice Pilaf	Roasted Reds	Mashed Poatoes	Au Gratin Potatoes	Sweet Potatoes	Corn bread	Buttered Noodles
Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Peas	Corn	French Green Beans	Broccoli Cuts	Spinach	Corn	Snow Peas
Herbed Chicken	Lemon Pepper Chicken	BBQ Chicken	Cairn Rock Chicken	Cajun Chicken	Stir fry	Omelet Station
Dinner Rolls	Biscuits	Cornbread Stuffing	Seasoned Rice	Rolls	Pasta Bar	Nacho Bar
Roasted fresh veg	Fried Okra	Asparagus	Stir fry veg	Corn on cob		
Green Beans	Cauliflower	honey glazed casrrots	Squash	Winter blend		
Stir Fry Bar	Pizzanini	Hot Dogs	Stir fry	Burgers & Fries		
Vegeterian Bar	Yogurt Bar	Nacho Bar	Baked Potato Bar	Greek Salad Bar		
Pizza	Habanero	Pizza	Habanero	Pizza		