SQ3R

The SQ3R Method is a sequence of reading strategies to use whenever reading content or informational texts.

1. **Survey** the text before you read, looking for the following:
   a. The title, headings, and subheadings
   b. Captions under pictures, charts, graphs or maps
   c. Review questions or teacher-made study guides
   d. Introductory and concluding paragraphs
   e. Summary

2. **Question** the text:
   a. As you survey the text,
      i. Turn the title, headings, and/or subheadings into questions
      ii. Read questions at the end of the chapters or after each subheading
   b. Ask yourself questions like
      i. "What did my instructor say about this chapter or subject when it was assigned?"
      ii. “What do I already know about the subject?”

3. **Read** the text:
   a. Look for answers to the questions you first raised
   b. Answer questions at the beginning or end of chapters or study guides
   c. Reread captions under pictures, graphs, etc.
   d. Note all the underlined, italicized, bold printed words or phrases
   e. Study graphic aids
   f. Reduce your speed for difficult passages
   g. Stop and reread parts which are not clear
   h. Take notes from the text but write the information in your own words
   i. Underline or highlight important points you've just read

4. **Recite** from the text after you’ve read a section:
   a. The more senses you use the more likely you are to remember what you read
   b. Triple strength learning: Seeing, saying, hearing
   c. Quadruple strength learning: Seeing, saying, hearing, writing

5. **Review** the section or whole text by:
   a. Answering questions you asked while surveying
   b. Going over the notes you took while reading